



Policy

Fitness Dress Code Policy

Current Rule Posted in Fitness Area:

“Proper Attire is required: shoes and shirts at all times.”

General Manager Recommends:

For your safety and respect of others, proper attire for the Fitness Room, Weight Room and Aerobics Room is required at all times.

- Sweats, modest shorts and similar fitness items are considered appropriate attire.
- Athletic shoes must be worn at all times.
- Only unaltered t-shirts and sleeveless shirts which cover the entire stomach, chest and back.
- No earrings larger than a quarter may be worn and necklaces must remain underneath your t-shirt.
- Sandals, flip flops, boots, and black-soled shoes are not allowed.
- Blue Jeans and any pants with buttons or hardware (zippers/rivets) are prohibited.
- Anyone in violation of our fitness dress code policy may be asked to leave. Repeat offenders may lose membership privileges.